

Understanding Conflict Workshop

Communication and conflict resolution skills for use with family, friends, and coworkers

February 22 and 29

5:30 - 8:30 p.m.

\$75 fee

Pre-registration required! Call (360) 676-0122

Learn how to

- listen actively and assert your needs
- understand your own response to conflict
- communicate effectively in high-stress situations

Understanding Conflict Workshop

Communication and conflict resolution skills for use with family, friends, and coworkers

February 22 and 29

5:30 - 8:30 p.m.

\$75 fee

Pre-registration required! Call (360) 676-0122

Learn how to

- listen actively and assert your needs
- understand your own response to conflict
- communicate effectively in high-stress situations

Understanding Conflict Workshop

Communication and conflict resolution skills for use with family, friends, and coworkers

February 22 and 29

5:30 - 8:30 p.m.

\$75 fee

Pre-registration required! Call (360) 676-0122

Learn how to

- listen actively and assert your needs
- understand your own response to conflict
- communicate effectively in high-stress situations

Understanding Conflict Workshop

Communication and conflict resolution skills for use with family, friends, and coworkers

February 22 and 29

5:30 - 8:30 p.m.

\$75 fee

Pre-registration required! Call (360) 676-0122

Learn how to

- listen actively and assert your needs
- understand your own response to conflict
- communicate effectively in high-stress situations